

feast or famine, the choice to *live* or *die*

Table of Contents

Lesson 1: Trust or Tragedy (Ruth 1:1-5)

Lesson 2: Cut or Cling (1:6-18)

Lesson 3: Broken or Bitter (1:19-22)

Lesson 4: Work or Waste (2:1-13)

Lesson 5: Receive or Reject (2:14-23)

Lesson 6: Submit or Succumb (3:1-18)

Lesson 7: Redeem or Refuse (4:1-12)

Lesson 8: Live and Love (4:13-22)